

## Skip the trip to the ER or urgent care, **24/7 access to doctors by phone or video!**

Flu season has arrived. Fortunately, if you do get sick, you have 24/7 access to a U.S. board-certified Teladoc® doctor by phone or video.



Get the care you need and get back to making memories.

### FLU PREVENTION TIPS

- Avoid close contact with anyone who is sick
- Wash your hands frequently
- Clean surfaces with a germ-killing disinfectant
- Get your annual flu vaccine

## Talk to a doctor anytime

 Teladoc.com

 1-800-Teladoc (835-2362)   Download the app

Teladoc also treats many other conditions like sinus infections, bronchitis, allergies and more.

